



# VIVID VIBGYOR PERSONALITY ASSESSMENT REPORT

Name: -----

Age: -- YEARS

Personality Type: Blue-Violet



## Your Child's Vivid Vibgyor

*Hey parents! You know how sometimes your child acts differently in different situations? Well, it's like they have a special colour inside them that comes out depending on what they're doing or who they're with. We call this their Vivid Vibgyor spectrum, made up of Orange, Violet, Green, and Blue traits.*

*Usually, one colour is stronger in your child's personality, but it can change depending on what they need to do. Like, if they're planning something, they might show more Violet traits. If they're making something new or learning, they might use their Green side. And when they're understanding someone's feelings, their Blue traits might come out. In social situations, they might show more of their Orange traits.*

Different people and situations can bring out different sides of your child's personality. For example, when they're with their teacher or someone like that, they might act more Violet-like. But when they're with their friends or siblings, they might show more Blue traits. That's because the people around us can affect how we act.

Even though your child's core personality stays the same, who they're with or what they're doing can influence which traits are most visible. Sometimes, they might feel like they have to act in ways that don't feel natural, just to fit in.

When you're trying to understand your child's Vivid Vibgyor spectrum, think about

what's driving their behaviour. It's not just about what they're doing; it's about why they're doing it.

For example, if your child follows rules because they think it's the right thing to do, that's different from following rules just to keep everyone happy. Even if they're doing the same thing, the reasons behind it can be totally different.

By paying attention to these reasons, you can really get to know your child and why they do what they do. It helps you understand and appreciate all the different parts of their personality, and why they act the way they do.

## UNIQUELY YOUR CHILD!!!

When you look at this report about your child, you'll see that they're like a mix of different colours. Some colours might stand out more than others, but each one is a part of what makes them, well, them!

This report is just a tiny bit of who they are, like how only a little bit of an iceberg sticks out of the water. There's a whole lot more underneath! You can think of this report like a map that can help you discover more about them and the immense capabilities they have.

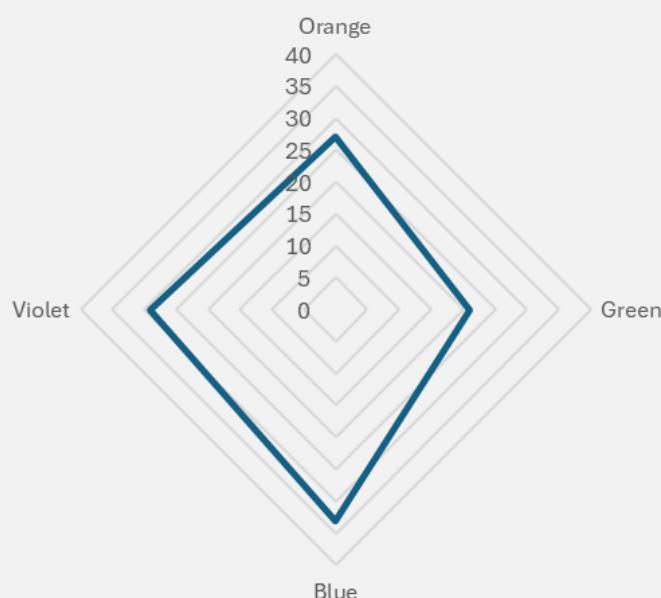
The main idea is to give you a fun glimpse into their personality and maybe spark your curiosity to learn even more. Enjoy finding out about their strengths, what they care about, and all the things that make them awesome!



### VIVID VIBGYOR SCORES

Orange	Green	Blue	Violet
27	21	33	29

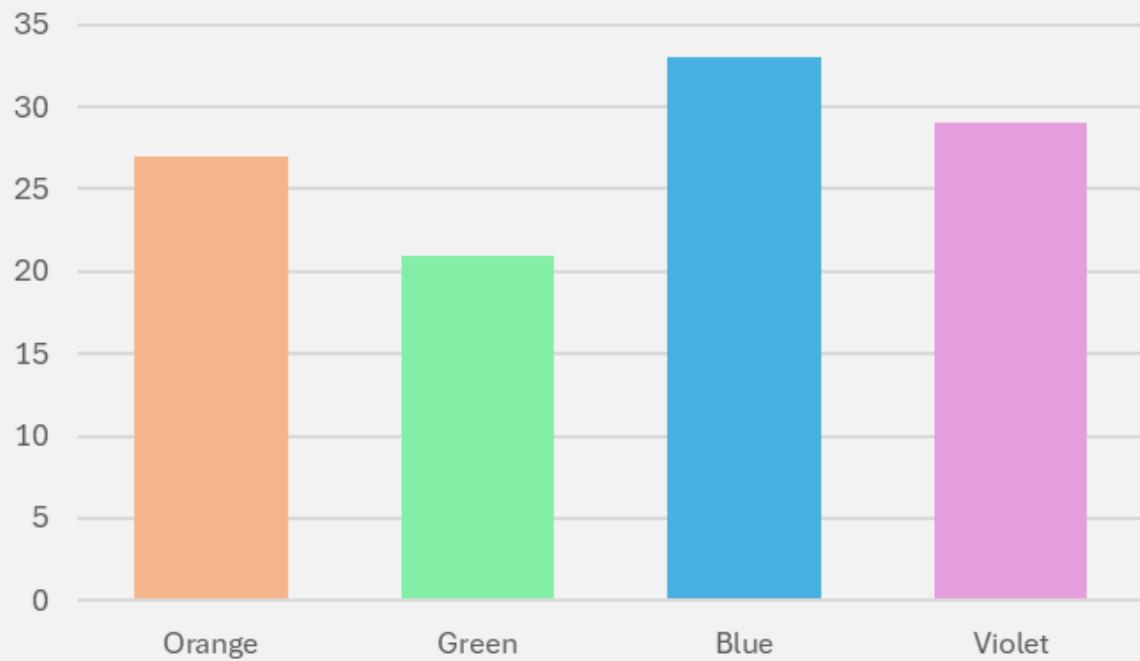
### VIVID VIBGYOR SCORES



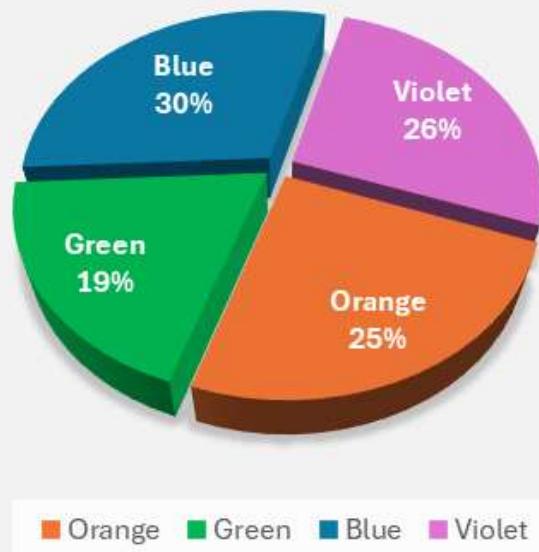


## Your child's colour spectrum:

### Raw Scores



### Percentage Score





## Vivid Vibgyor: Blue (Your Child's Primary Colour)

### 1. Compassionate and Caring:

Blue children are naturally empathetic and considerate of others' feelings. They often go out of their way to help and support those around them.

Example: They might comfort a classmate who is upset or offer to help with a chore without being asked.

### 2. Good Listener:

These children are attentive listeners who value what others have to say. They are often the ones friends and family turn to for a listening ear.

Example: A blue child will sit and listen carefully to a friend talking about their day or their problems.

*Placeholder text for blue children's characteristics*

*Placeholder text for blue children's characteristics*

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## Your Child's Keys to Good Communication

### **Your Child's Keys to Good Communication**

#### **1. Active Listening:**

Explanation: Blue children value being heard and understood. Active listening involves fully concentrating, understanding, responding, and remembering what is being said.

Example: When a blue child shares their feelings about a school project, parents can show active listening by maintaining eye contact, nodding, and summarizing what the child said to confirm understanding.

#### **2. Expressing Emotions:**

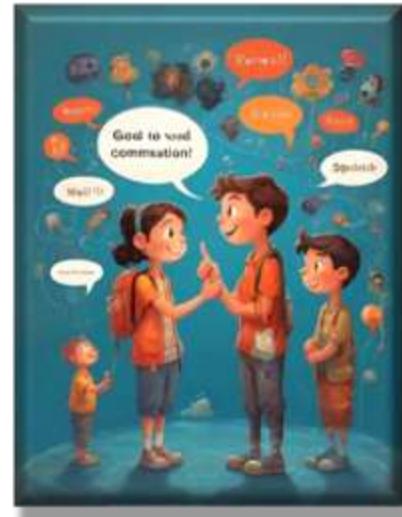
Explanation: Blue children are naturally expressive and benefit from environments where they feel safe to share their emotions openly.

Example: Encourage a blue child to talk about their day and how they felt about different events. Ask open-ended questions like, "How did that make you feel?" to help them articulate their emotions.

#### **3. Providing Positive Feedback:**

Explanation: Blue children thrive on encouragement and positive reinforcement. They need to feel appreciated and valued for their efforts and contributions.

Example: When a blue child helps a sibling or completes a task, parents can provide positive feedback by saying, "I really appreciate how you helped your brother today. It shows how kind and caring you are."



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## What your child may like to talk about:

### 1. Emotions and Feelings:

Example: "I felt really happy when we had that family picnic last weekend."

Example: "It made me sad when my friend didn't invite me to their birthday party."

### 2. Friendships and Relationships:

Example: "I'm really grateful for my best friend. We always support each other."

Example: "I had a disagreement with my classmate, and I'm not sure how to fix it."

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## Responses your child may give to you:

A blue child, known for their empathy, emotional awareness, and cooperative nature, will often respond in ways that reflect these traits. Here are some examples of how a blue child might respond in different situations:

### **1. When Asked About Their Day:**

Question: "How was your day at school?" Response: "It was good! I helped my friend with their project, and we had a great time working together. I felt really happy because we did a good job."

### **2. When Asked for Their Opinion:**

Question: "What do you think about the new class project?" Response: "I think it's a great idea! It will be fun to work with everyone and see what we can create together. I hope we can make sure everyone feels included."

### **3. When Comforting a Friend:**

Situation: A friend is upset because they didn't do well on a test. Response: "It's okay, everyone has bad days. You're really smart, and I know you'll do better next time. Let's study together, and I'll help you."

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## Supporting Your Child in Developing Their Communication

### 1. Encourage Open Dialogue:

Create an environment where your blue child feels safe and comfortable expressing their thoughts and feelings.

Example: Regularly set aside time for family discussions where everyone gets a chance to share their day and feelings. Ask open-ended questions like, "What was the best part of your day?" or "How did that make you feel?"

### 2. Model Active Listening:

Demonstrate good listening skills to your blue child by giving them your full attention when they speak.

Example: When your child talks to you, put away your phone, make eye contact, and nod or provide verbal affirmations like "I see" or "That sounds interesting."

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## Your child could show Strengths in

### **1. Empathy and Compassion:**

Blue children are often very understanding and sensitive to the feelings of others.

Example: Your blue child might notice when a classmate is feeling down and offer a kind word or gesture to cheer them up. They may also volunteer to help a friend who is struggling with homework or a personal problem.

### **2. Excellent Listening Skills:**

They tend to be good listeners, paying close attention to what others are saying and responding thoughtfully.

Example: During family discussions, your blue child listens intently to each person and responds with insightful and thoughtful comments, showing they truly understand and care about what was said.

### **3. Strong Communication:**

Blue children often have a natural ability to express their thoughts and emotions clearly.

Example: When writing a story or giving a presentation at school, your blue child communicates their ideas effectively, using vivid descriptions and expressive language to engage their audience.

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Your child could display the following Talents

## Activities Where Blue Children Excel

### 1. Art Projects:

Blue children, with their emotional depth and creativity, often thrive in activities that allow them to express themselves artistically.

Example: Encourage your child to participate in painting, drawing, or sculpture classes where they can convey their feelings and ideas through visual art.

### 2. Drama and Theater:

Blue children excel in drama and theater, where they can explore different characters and emotions.

Example: Get your child involved in a local theater group or school drama club. They can enjoy acting in plays, participating in improv activities, or helping with behind-the-scenes tasks like set design and costume making.

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## Weaknesses of This Personality Type Child and Parental Support Strategies

### 1. Overemotional Responses:

Blue children may sometimes react strongly to emotional situations, becoming overwhelmed or overly sensitive.

**Parental Support:** Teach coping mechanisms such as deep breathing or taking a break when emotions run high.

**Example:** When your child gets upset over a disagreement with a friend, encourage them to take a few deep breaths and express their feelings calmly.

### 2. Difficulty Asserting Themselves:

Blue children may struggle to assert their needs and opinions, preferring to avoid conflict.

**Parental Support:** Help them build confidence in expressing themselves and standing up for what they believe in.

**Example:** Role-play assertive communication scenarios with your child, such as asking a teacher for help or expressing disagreement with a peer's opinion.

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## Learning Style of This Personality Type: Visual and Reflective

### Characteristics:

Prefers Visual Learning: Blue personalities often learn best through visual aids such as diagrams, charts, and illustrations.

Reflective Thinkers: They tend to process information internally and may need time to reflect before responding or engaging in discussions.

### How Parents Can Help:

#### 1. Provide Visual Learning Tools:

Offer educational resources that cater to your blue child's visual learning style.

Example: Use educational videos, infographics, or flashcards to supplement their learning material. Encourage them to create their own visual aids to help reinforce concepts, such as drawing diagrams or making concept maps.

#### 2. Create Quiet Study Spaces:

Establish a quiet and comfortable study environment where your blue child can focus and reflect without distractions.

Example: Set up a designated study area in their room or a quiet corner of the house equipped with a desk, chair, and good lighting. Encourage them to personalize their study space with calming decorations or motivational quotes.

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## Understanding and Supporting Emotions in Your Child

### 1. Validate Their Feelings:

Acknowledge and accept your blue child's emotions without judgment, helping them feel understood and supported.

Example: When your child expresses sadness about a friend moving away, respond with empathy, saying, "I understand why you feel sad. It's okay to miss your friend."

### 2. Teach Emotional Vocabulary:

Help your blue child identify and label their emotions, empowering them to express themselves more effectively.

Example: Use emotion cards or books to discuss different feelings and their causes. Encourage them to use words like "frustrated" or "excited" to describe how they feel.

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## Understanding and Supporting Emotions in Your Child

### 1. Encourage Reflection:

Help your blue child develop self-awareness by encouraging reflection on their thoughts, feelings, and experiences.

Example: Prompt them to journal about their day, including highlights, challenges, and emotions. Discuss their entries together to deepen understanding.

### 2. Foster Emotional Intelligence:

Teach your blue child to recognize and manage their emotions effectively.

Example: Practice labelling emotions together by saying things like, "I can see you're feeling frustrated right now. What can we do to help you feel better?"

### 3. Promote Goal Setting:

Support your blue child in setting realistic and achievable goals to work towards.

Example: Sit down together and help them outline short-term and long-term goals, such as improving a skill or achieving academic success.

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## Fostering Healthy Relationships in Your Child: How Parents Can Help

### 1. Encourage Empathy and Compassion:

Blue children are naturally empathetic and caring. Nurture these traits by encouraging them to consider others' feelings and needs.

Example: When a sibling or friend is upset, guide your child to ask, "How can I help you feel better?" or "Do you want to talk about it?"

### 2. Teach Effective Communication:

Help your blue child develop clear and open communication skills to express their feelings and resolve conflicts.

Example: Role-play different scenarios with your child where they practice using "I" statements, such as "I feel sad when you don't share your toys because I want to play together."

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## Supporting Your Child for Academic Success

### 1. Create a Supportive Learning Environment:

Blue children thrive in environments where they feel emotionally supported and valued. Ensure their learning space is calm, organized, and encouraging.

Example: Set up a dedicated study area at home with comfortable seating, good lighting, and positive affirmations or motivational quotes on the walls. Regularly check in to offer encouragement and support.

### 2. Encourage Group Study Sessions:

Blue children often enjoy collaborative activities and can benefit from studying with peers.

Example: Organize small group study sessions with classmates where they can discuss topics, share notes, and help each other understand difficult concepts. This can make learning more interactive and enjoyable.

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## Keys to What and How to Praise Your Child

### **1. Acknowledge Empathy and Sensitivity:**

Praise: "I noticed how you comforted your friend when they were upset. You have a special gift for understanding how others feel."

Explanation: Recognize their ability to empathize with others and validate their sensitivity towards people's emotions.

### **2. Highlight Thoughtful Communication:**

Praise: "Your thoughtful question during our family discussion showed how much you care about understanding others' perspectives."

Explanation: Appreciate their tendency to ask insightful questions and engage in meaningful conversations.

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## Keys to What and How to Praise Your Child

### **1. Emotional Support:**

Blue children often feel deeply and may become overwhelmed by intense emotions. Providing emotional support and validation can help alleviate stress.

### **2. Clear Expectations:**

Establishing clear expectations and routines can help reduce anxiety and uncertainty for blue children.

### **3. Positive Environment:**

Creating a positive and nurturing environment at home can help blue children feel safe and secure, reducing stress levels.

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## Keys to Reducing Conflict with Your Blue Child

### 1. Open Communication:

Encourage open and honest communication with your blue child to address any underlying issues or concerns.

Example: Instead of ignoring conflicts, sit down with your child and calmly discuss the problem. Listen actively to their perspective and express your own feelings without judgment.

### 2. Respect Boundaries:

Recognize and respect your blue child's need for personal space and autonomy.

Example: If your child prefers spending time alone after school, give them the space they need without pressuring them to engage in social activities.

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## However Primary Colour is not Everything, There is Secondary Colour Also

While they have a primary colour, they have secondary personality traits as well. They are much more than just one colour. Imagine being like a delicious rainbow popsicle, with different flavours blending together to make something yummy! Their overall personality is a blend of all four colours, just like the beautiful colours of a rainbow.

Their secondary colour adds a richness and vibrancy to how they approach life. It's like adding extra toppings to their favourite ice cream sundae, making it even more special and exciting! Sometimes, their secondary colour can shine brighter than their primary colour, depending on what they're doing and how they're feeling.

Their secondary colour can shift over time, depending upon their work, education, and life experiences. It's like being a magical chameleon, changing colours to match their surroundings! As they grow and learn new things, they might discover new parts of themselves and develop new interests and talents.

They can learn how to apply their primary and secondary colours to different situations. It's like having a special toolbox full of colourful crayons, each one perfect for a different masterpiece! Whether they're playing with friends, doing schoolwork, or trying something new, they can use their unique blend of colours to paint the world with their own special style and flair.



## Secondary Colour is “Violet” – Extremely Influential

Understanding your child's personality traits can help you support their growth and development effectively. Violet personalities are known for their reliability, responsibility, and attention to detail. Let's delve deeper into what it means for your child to have Violet as their secondary colour.

### *Key Traits of Violet Personality:*

#### **Responsibility:**

- Violet children take their duties and obligations seriously.
- They strive to do their best in tasks assigned to them.
- They feel a sense of duty towards completing their responsibilities.

#### **Dependability:**

- Violet children are reliable and trustworthy.
- Others can count on them to follow through on their commitments.
- They take pride in being someone others can rely on.

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### Sense of Duty:

- Violet children have a strong sense of duty towards their family, school, and community.
- They take their roles and responsibilities seriously.
- They feel fulfilled when they contribute positively to their environment.

### *How Violet Personality Manifests in Children:*

#### Academic Excellence:

- Violet children often excel in school due to their disciplined approach to learning.
- They are diligent in completing their homework and assignments on time.
- They may prefer subjects that require attention to detail, such as mathematics or science.

#### Leadership Qualities:

- Violet children may naturally gravitate towards leadership roles.
- They are reliable team players who can organize and motivate others.
- They may take on responsibilities such as class monitor or team captain.

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## *Supporting Your Violet Child:*

### **Recognize and Appreciate:**

- Acknowledge your child's sense of responsibility and reliability.
- Praise them for their attention to detail and their efforts in completing tasks.

### **Encourage Independence:**

- Allow your child to take on responsibilities and make decisions independently.
- Trust them to handle tasks on their own and provide guidance when needed.

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Let YOUR Vivid Vibgyor Shine!

In simple words, it means you should be yourself and show the world who you really are! Just like how different colours make a beautiful rainbow, each person is unique and special in their own way.

""Kindness is like a boomerang - it always comes back"" was written for the Blues of the world. It means that when you're kind to others, kindness will come back to you. Blues are people who are caring and compassionate. They enjoy helping others and making the world a better place.

Blues are like gentle waves in the ocean, bringing calmness and peace wherever they go. They're good listeners and always ready to lend a helping hand. You can often spot them comforting a friend in need or standing up for what's right.

So, imagine how dull the world would be without the warmth of the Blues! They spread love and kindness wherever they go, making life better for everyone around them. So, don't be afraid to let your Vivid Vibgyor shine and show the world how caring and compassionate they are!